Integrating the identification of joint pain, anxiety and depression in primary care long-term condition reviews: analysis of audio-recorded consultations

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Nurses referenced the research study as justification for departing from the usual consultation content and/or structure

Training was delivered to practice nurses (PNs) in the ENHANCE study to incorporate the identification and assessment of joint pain related to osteoarthritis, anxiety and depression into long-term condition review consultations. Findings presented are from thematic analysis of 24 consultation recordings. This analysis is part of a process evaluation for the ENHANCE pilot trial and will help to refine the training programme for PNs and the content of the ENHANCE intervention for a main trial.

Consultations were less integrated when opportunities to respond to patient cues were missed

In highly integrated consultations, nurses took advantage of opportunities to incorporate case-finding within a patient-centred discourse

In less integrated consultations, nurses structured content according to the order of computer template items